Report on World Osteoporosis Day 2021

Department of Orthopaedics along with the department of Endocrinology on the occasion of **World Osteoporosis Day** 2021 did the following activities:

1. Poster display in the OPD- Posters were prepared by faculty, nursing officers of the department of Orthopaedics and medical students on causes, diagnosis, fractures because of osteoporosis, prevention(diet and exercise) and the management of Osteoporosis.





2. Talk to create awareness regarding Osteoporosis by the doctors of Departments of Orthopaedics and Endocrinology on 20.10.21 in the 2nd floor Opd area which was well received by the patients. This year's theme was "Take action for bone health" Osteoporosis can be prevented and treated!





3. Bone Mineral density assessment camp on 21.10.20 at the UHTC AIIMS Mangalagiri. 140 patients were screened and treated for Osteoporosis. Pamphlets in Telugu regarding osteoporosis and prevention were also given to the patients. Also 130 walk in patient who came to the Orthopaedics OPD were also screened for Osteoporosis and given treatment.



4. The department faculty visited a home for the elderly in Mangalagiri and gave an awareness talk regarding Osteoporosis and also did a Bone Mineral density assessment for all the members of the home and gave necessary advise and treatment on 23.10.21

